



MY FIRST AID KIT

Dunia Perez El Jaouadi



INTRODUCTIO

N

- A **first aid kit** is a collection of **basic medicines and supplies** used to **provide first aid** or treat **minor emergencies** at home, work, or in public places.





BASIC ITEMS IN A FIRST AID KIT

- **Bandages** – to cover and protect small wounds.
- **Gauze pads** – to clean and cover larger cuts.
- **Adhesive tape** – to secure bandages or gauze.
- **Scissors** – to cut tape, gauze, or clothing.
- **Tweezers** – to remove splinters or small objects.



CLEANING AND DISINFECTION

- **Antiseptic wipes** – to clean the wound before dressing it.
- **Alcohol** – to disinfect tools and skin.
- **Hydrogen peroxide** – to clean minor wounds.



MEDICATIONS

- Pain relievers (paracetamol, ibuprofen) – to reduce pain and fever.
- Antihistamines – for allergic reactions.
- Burn cream – to treat minor burns.



EMERGENCY TOOLS



- **Thermometer** – to measure body temperature.
- **Gloves** – to protect from infection.
- **First aid manual** – to guide you in an emergency.



CONCLUSION

- A first aid kit is essential at home, school, and work. It helps treat small injuries quickly and safely. Always keep it complete and ready for use.





THANK YOU 😊